



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP & BREAD	Selection of home-baked breads, toppings & accompaniments						
MAIN MEAL	Butternut squash	Mushroom	Sweetcorn	Leek & potato	Tomato	Minestrone	Fruit smoothies
VEGETARIAN	Sausage & tomato puy lentil pasta bake	Roast gammon	Chicken with tomato & basil sauce	Thai red lamb curry with coconut	Battered fish with lemon & tartare sauce	Corned beef hash & poached egg	Grilled bacon Oven baked sausages Grilled tomatoes
MAIN MEAL	Quorn, spinach & vegetable pasta bake	Savoury goats cheese bread & butter pudding	Cauliflower cheese	Chickpea & butternut squash dhansak	Homemade cheese & onion pasty	Twice baked jacket with spring onion	Baked beans Mushrooms Hash browns Fried eggs
THE FAVOURITES	Piri Piri chicken	Sausage & onion casserole	Steak & onion pie	Sweet & sour pork chop	Lime & mango chicken ciabatta	Tuna pasta bake	
ON THE SIDE	Pitta pizzas		Homemade sausage rolls	Tomato & spinach gnocchi		Potato wedges Green beans BBQ beans	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit
HOT DESSERT	Rice Sweetcorn Broccoli Jacket potatoes	Roast potatoes Savoy cabbage Cauliflower & broccoli	New potatoes Green beans carrots	Noodles Carrots Courgettes	Chips Peas Baked beans		
COLD DESSERT	Treacle tart & custard	Chocolate bread & butter pudding	Apple pie & custard	Orange drizzle cake	Toffee apple crumble	Chefs homemade cakes	
FRUIT & YOGHURT BAR	Raspberry mousse	Lemon meringue pie	Peach trifle	Chocolate sundae	Lemon posset		
	Fruit salad pots & a selection of seasonal fresh fruit Daily selection of homemade yoghurt, fruit jelly & cold dessert pots						