

Breakfast Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY BRUNCH
JUICES & SMOOTHIES	Orange & apple juice	Orange & apple juice	Fruit smoothies Grilled bacon Oven baked sausages Grilled tomatoes Baked beans Mushrooms Hash browns Fried eggs Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit				
HOT BREAKFAST ITEMS	Oven baked sausages Grilled tomatoes Fried eggs Croissants	Grilled bacon Baked beans Scrambled eggs Banana bread	Oven baked sausage Mushrooms Poached eggs Danish pastries	Grilled bacon Spaghetti hoops Poached eggs English muffins	Oven baked sausages Hash browns Scrambled eggs Fruit loaf	Grilled bacon Plum tomatoes Scrambled eggs French toast	
DAILY BREAKFAST ITEMS	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	Porridge bar Cereal bar Toast & spreads Yoghurt & fruit salad Cut & whole fruit	