

Highgrove Nursery Sample Menu

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs
Snack	Bagel served with Fruit	Homemade Bread sticks with Beetroot Cream Cheese, Fruit	Crackers served with Cheese and Fruit	Homemade Rolls, Vegetable Sticks and Fruit	Toasted Teacake and Fruit
Lunch	Chorizo and Pepper Risotto	Macaroni Cheese served with Garlic Bread	Gammon Ham, New potatoes, Green Beans with Parsley Sauce	Lentil, Spinach and Potato Curry with Rice	Fishcakes, Saute Potatoes and Baked Beans
Vegetarian Lunch	Mixed Pepper Risotto	Macaroni Cheese served with Garlic Bread	Quorn, New potatoes, Green Beans with Parsley Sauce	Lentil, Spinach and Potato Curry with Rice	Vegetable Burger, Saute Potatoes and Baked Beans
Pudding	Lemon Drizzle Cake	Fruit Cocktail	Raspberry Cheesecake	Fruit Yoghurt	Strawberry Mousse
High Tea	Ploughman's Tea with Homemade Roll	Baked Beans on Toast	Assorted Sandwiches	Cheese and Tomato Pinwheels, Vegetable Sticks	Cheese and Red Onion Quiche and Salad
Pudding	Fruit Yoghurt	Biscuit	Jelly	Pineapple and Orange Wedges	Vanilla Cupcake

Highgrove Nursery Sample Menu

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs	Selection of Cereal, Porridge, Wholemeal Toast, Toasted Bagel/Muffins, Fruit, Yoghurt, and Eggs
Snack	Breadsticks with Cream Cheese and Fruit	Toasted Bagel and Fruit	Toasted Teacake and Fruit	Crackers and Cheese with Fruit	Warm Bread Rolls with Fruit
Lunch	Minced Beef and Onion Pie with New Potatoes and Broccoli	Tuna Pasta Bake with Sweetcorn	Sweet and Sour Chicken with Egg Noodles	Pork Sausages with Baked Wedges and Baked Beans	Vegetable and Egg Fried Rice
Vegetarian Lunch	Quorn Mince and Onion Pie with New Potatoes and Broccoli	Cheese and Vegetable Pasta Bake with Sweetcorn	Sweet and Sour Vegetables with Egg Noodles	Quorn Sausage with Baked Wedges and Baked Beans	Vegetable and Egg Fried Rice
Pudding	Fruit Sorbet	Strawberry Jelly	Pineapple upside down Cake with Custard	Natural Yoghurt with Fruit Compote	Cookie
High Tea	Sausage Rolls/Cheesy Rolls with Cucumber Sticks	Selection of Sandwiches	Cheese Scones	Scrambled Egg on Wholemeal Toast	Rainbow Pasta Salad
Pudding	Orange Shortbread	Fruit Yoghurt	Fruit Cocktail	Watermelon Lollys	Orange Jelly