

Tiggywinkles Sample Daily Routine

7:45 - 8:45 Breakfast	Children are invited to choose from our breakfast menu. During this time activities are set up inside and outside, with children able to access them freely with adult guidance.
8:45 - 9:00 Tidy up time	Children are supported to tidy up the activities ready for 'Wake and shake'
9:00 - 9:15 Greeting time	Children are all gathered together to greet each other with a greeting song and then introduced to the story of the week. Children are then invited to register themselves.
9:15 - 10:45 Free flow	This is a time for adult guided activities, where children are free to make their own choices and the staff offer support and scaffold their learning. During this time we also open a cafe snack, where children are invited to the snack table when they have finished their play.
10:45 - 11:00 Key worker time	Staff will gather their key children and use this time for a focused adult-led teaching activity
11:00 - 11:30 Free flow	During this time children can continue with the previous activity or choose a different one.
11:30 - 11:45 Tidy up time	Children are encouraged to help tidy away the activities in preparation for lunch time
11:45 - 12:00 Music session	Children are gathered together to participate in a music session. This could consist of singing, dancing or musical instruments
12:00 - 12:30 Lunch time	Children are invited to join each other at the lunch table. When it is age appropriate, children are supported by the staff to pour their own drinks and serve their own food. This is a time for staff and children to talk about the day and engage in conversations about healthy eating etc
12:30 - 2:30 Sleep/quiet time	Where required children are supported to rest and sleep. For those children that do not sleep, due to go home or enter nursery for their afternoon session, are provided adult supported activities both inside and outside.
2:30 - 2:45 Key work time	Staff will gather their key children and use this time for a focused adult-led teaching activity
2:45 - 3:15 Free flow	During this time children can continue with the previous activity or choose a different one.
3:15 - 3:30 Music session	Children are gathered together to participate in a music session. This could consist of singing, dancing or musical instruments
3:30 - 4:00 High tea	Children are provided a high tea which can be in the form of a picnic in the garden or sat around the table. This is an opportunity for children to learn about being healthy and participate in conversations with staff about what they have learnt today.
4:00 - 6:00 Free flow	This is a time for adult guided activities, where children are free to make their own choices and the staff offer support and scaffold their learning. During this time parents will be coming to collect their children and this provides opportunities to strengthen partnership with parents within the setting.